

2008 FG COUNTY A-C INVITATIONAL

MCA 092708

- SANCTIONED BY:** Florida Gold Coast Swimming, Inc.
United States Swimming, Inc.
Sanction # 092608-PO24
- SPONSORED BY:** MCA-Martin County Aquatics
- DIRECTIONS :** Take 95 north to exit 101. Go right after exit towards Stuart on 76. Go about 4.2 miles and the Martin County High school is on right. Turn in pool is on left. See our web site. www.martincountyswimming.org
- DATES & TIMES:** **Sat. Sept. 27**
10&under, Warm-up 8:00am, Start 9:00am
11-12, 13-14, 15 & O, Warm-up 12:30pm, Start 1:30pm
Sun. Sept. 28
10& under, 11-12, 13 & O, Warm-up 8:00am, Start 9:00am
- POOL SPECS:** 8 lane - 25yd by 25 meter outdoor - heated. Warm-up and warm-down area will be available. Coaches must be on deck for warm-up
- ENTRIES/SEEDING:** Please use form enclosed, Email w/c attachment: mccombj@martin.k12.fl.us
- MAIL ENTRIES:** Martin County Community Pool
2801 S. Kanner Highway
Stuart, FL 34994
- FAX ENTRIES:** (772) 219-1815
- ELIGIBILITY:** Open to all 2008 registered USA Swimmers in FGC, swimmers outside FGC and foreign athletes with proper travel credentials.
- ENTRY LIMIT:** Limit of four (4) events per swimmer per day
- ENTRY DEADLINE:** All Entries must be received no later than Friday, Sept. 19, 2008
- ENTRY FEE:** Individual events \$3.25 Relays events \$6.50
Facility Surcharge \$5.00 per swimmer
If entries are done by hand and not electronically, all entry fees are double
- AWARDS:** Individual Events: Medals 1 - 3 place.
Ribbons 4 -12 place.
Relays Events: Ribbons 1-3 place.
- CONCESSION:** Hospitality will be provided for coaches.
Pizza, Drinks, and Snacks will be sold at the concession stand.
Total Team Wares will be on the deck
- INFORMATION:** For further information contact:
Jim McCombs
(772) 219-1814
- MEET REFREE:** Stu Goldstein

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Order of Events

	Session 1 W/U 8:00am Start 9:00am		Session 2 W/U 12:30pm Start 1:30pm		Session 3 W/U 8:30am Start 9:30a
1-2	10&U 200 Medley R	27-28	Open 200 Medley R	63-64	12&U 200 Free R
3-4	8&U 50 Free	29-30	11-12 50 Free	65-66	13&O 200 Free R
5-6	9-10 50 Free	31-32	13-14 50 Free	67-68	10&U 100 Free*
7-8	8&U 50 Back	33-34	15&O 50 Free	69-70	11-12 100 Free
9-10	9-10 50 Back	35-36	11-12 50 Back	71-72	13&O 100 Free*
11-12	8&U 100 IM	37-38	13-14 100 Back	73-74	10&U 100 Back*
13-14	9-10 100 IM	39-40	15&O 100 Back	75-76	11-12 100 Back
15-16	8&U 50 Breast	41-42	11-12 100 IM	77-78	Open 200 Back*
17-18	9-10 50 Breast	43-44	11-12 100 Breast	79-80	10&U 200 IM*
19-20	8&U 50 Fly	45-46	13-14 200 Breast	81-82	11-12 200 IM
21-22	9-10 50 Fly	47-48	Open 200 Breast*	83-84	13&O 200 IM*
23-24	10&U 200 Free*	49-50	11-12 50 Fly	85-86	10&U 100 Breast*
	10 min break	51-52	13-14 100 Fly	87-88	11-12 50 Breast
25-26	10&U 200 Free R	53-54	15&O 100 Fly	89-90	13&O 100 Breast*
		55-56	11-12 200 Free	91-92	10&U 100 Fly*
		57-58	13-14 200 Free	93-94	11-12 100 Fly
		59-60	15&O 200 Free	95-96	Open 200 Fly*
			10 min break		10 min break
		61-62	Open 400 IM* _p	97-98	Open 500 Free* _p

P = Positive check in alt. women & men fastest to slowest

* = Swum together and scored separately